

INFORMATION

FOOD

Food, beverages and lunch are **NOT** provided on day excursions.

****For the Outdoor Leadership Program, the following meals will be provided:**

Dinner on day 2

Breakfast, lunch, and dinner on day 3

Breakfast and lunch on day 4

****For the White Water Rafting trip, lunch and dinner will be provided****

DROP OFF AND PICK UP POINTS

The drop off and pick up point for **ALL** trips will be at the Youth Bureau located at the Main County Building on Main Street in Schoharie.

**We will meet in front of the pool located behind the County Building:
284 Main Street, Schoharie, NY 12157.**



White Water Rafting on the Hudson



Biking in Saratoga



Hiking in the Catskills

Schoharie County Youth Bureau
Post Office Box 233
Schoharie, New York 12157
Phone: (518) 295-2057
Fax: (518) 295-2094



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TREKS FOR TEENS 2018 (Ages 15-18)



Mission:

To provide the youth in Schoharie County a connection to our natural world through outdoor adventure. A place for youth to grow, learn and have fun by experiencing the challenges and opportunities encountered in this outdoor environment.

To lead youth down the healthy path of development and the discovery of their potential through experiential learning and positive youth engagement.

Schoharie County Youth Bureau
Post Office Box 233
Schoharie, New York 12157
Phone: (518) 295-2057
Fax: (518) 295-2094

SCHOLARSHIPS

The Youth Bureau offers Scholarships through Community Service Work for those who may have difficulties with the Program Fees. Call 295-2057 for more information.

PROGRAM

WHO THE PROGRAM SERVES

Treks For Teens is offered to youth ages 15-18.

Note - We also offer Junior Adventure for ages 8-11 and Adventure Program ages 12-14. Please contact the office for these brochures.

FEES

There is a one time registration fee of \$10.00

This will be included in your billing ... please do not send in ahead of time.

This includes some program costs (equipment, instruction, location cost, etc..).

REGISTRATION CONFIRMATION

After receiving and reviewing your registration, you will be sent a confirmation letter/packet. For any trips you are not initially placed on, you will be added to the waiting list. As we have found in the past, there is always a chance of being called to fill an unexpected cancellation.

Your confirmation packet will include:

- * A list of Confirmed trips and/or Waiting List trips.
- * Your billing which will include the total cost for your confirmed trips in addition to the one time registration fee of \$10
- * Youth Bureau Waiver/Medical and Photo Release Form
- * Any waiver/release forms pertaining to specific trips
- * A supply list and trip synopsis of each program your youth was accepted to
- * Drop off and pick up location and times

Preserving the Environment

June 27th: Service Project - FREE

TIMES: 9:00 AM - 4:00 PM

What can you do to help improve the environment? Spend this day at Mine Kill State Park finding out how a little work can go a long way and how you can help protect the areas that we live in. Project to be determined. Past projects include painting, removing invasive species, and trail maintenance.

Into The Rapids

July 26th: Hudson White Water Rafting - \$65

TIMES: 6:00 AM - 7:00PM

What else could be better than spending a hot summer day paddling down a rapid river in a raft? Nothing! Paddle your hearts out on the Hudson River. Be prepared to get wet as you travel through the 17 miles, class 3-4 water.

Price includes lunch and dinner.

View From The Top

July 12th: Hike - FREE

TIMES: 8:00 AM - 4:00 PM

Take a trip up Hadley Mountain to heights of over 1,500 feet. Enjoy the scenic views that surround the area. This hike is challenging and steep in some places, but well worth it in the end. If open, enjoy the view from atop of the fire tower, which was named a historic site in 2001.

This is a moderate to difficult level hike.

July 24th: Outdoor Rock Climbing - FREE

TIMES: 8:00 AM - 4:00 PM

Put your body and soul into this trip and experience the climb of your life at Lost T. Certified instructors will teach you the "how to-s" of rock climbing and repelling. Challenge yourself to locate hidden foot, and hand, holds and see how high you can go. Can you touch the sky?

August 6th: Hike - FREE

TIMES: 8:00 AM - 4:00 PM

Your first stop will be Pratt Rock. This rockface includes a series of stone carvings based on the life of Zadock Pratt. It is considered to be the first Civil War Memorial in honor of Pratt's son. From here, head to Hunter Mountain. Check out the scenery as you ride on their Sky Lift taking you to the 3,200 foot summit. Hike a little further to get up to the fire tower exposing you to even more beauty that the Catskills hold.

This is a moderate to difficult level hike.

By Land Or By "Sea"

July 2nd: Canoeing - FREE

TIMES: 8:00 AM - 4:00 PM

A day of paddling on the West Branch of the Sacandaga River. The area is beautiful, so relax, soak up the sun and maybe even take a quick dip to cool off. If time allows, you may be paddling to Good Luck Lake as well.

July 17th: Biking - FREE

TIMES: 8:00 AM - 4:00 PM

Bike part of the 365 mile Erie Canal Trail in Little Falls, NY. Enjoy the ride as you peddle through the countryside and past some historic places, including the Herkimer Home which was built in 1764.

July 20th: Canoeing - FREE

TIMES: 8:00 AM - 4:00 PM

Paddle along Schoharie Crossings. Take a look at the site's largest structure... the remains of the Schoharie Aqueduct, which carried the water of the Enlarged Erie Canal over the Schoharie Creek. This historic area is one to admire. If weather permits, a trip to the Locks may be on the agenda.

NEW THIS YEAR!

**Outdoor Leadership Program - \$25
Must be 15 by this date**

July 31st: Day 1

TIMES: 9:00 AM - 4:00 PM

August 1st - August 3rd: Days 2-4

TIMES: 8:00 AM (August 1st) 4:00 PM (August 4th)

This 4 day outdoor leadership program will introduce participants to leadership, canoeing, and back country camping skills.

Day 1, on July 31st, is a prep day. You will be at Mine Kill State park learning and practicing all the essentials you will need to know to make your next 3 days a success.

Days 2-4, you will canoe Lake Lila in the heart of the Adirondacks to find the perfect place to set up camp for the next 3 days/2 nights. Here you will continue to learn more skills encompassed in this program.

This program has been carefully designed to challenge you both physically and mentally. It will also be a rewarding one. A detailed information packet will be available for anyone interested in this new and exciting program.

PLEASE NOTE: TRIPS MAY CHANGE TIMES, LOCATION, OR BE CANCELLED BASED ON YOUTH BUREAU STAFF'S DISCRETION. REASONS MAY INCLUDE: SAFETY CONDITIONS, INCLEMENT WEATHER, CONDITIONS OF ENVIRONMENT (LOW WATER FOR KAYAK/CANOEOING)

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